



Gresham Barlow School District Deep Creek-Damascus Lunch Menu



January

A variety of Fresh Fruits & Vegetables available in the Garden Bar along with Fat Free and 1% Milk options

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Winter Vacation No School	Winter Vacation No School	Pizza Dippers with Marinara Sauce Chicken Nuggets w/Roll Turkey, Cheese & Ranch Flatbread Chicken Taco Salad w/Tortilla Chips	Chicken Quesadilla Chicken Ranch or Cheese Pizza Tuna Sub Sandwich Mandarin Chicken Salad w/Roll	Homemade Beef Lasagna Cheeseburger / Hamburger Turkey Cranberry Wrap Poppin Chicken Salad w/Roll
8	9	10	11	12
Whole Grain Corn Dog Chicken Burger Sun Butter & Jelly Sandwich Spinach & Fruit Salad w/Roll	Beef & Cheese Nachos Pepperoni or Cheese Pizza Italian Sub Sandwich Crispy Chicken Salad w/Roll	Teriyaki Beef & Broccoli over Brown Rice Chicken Nuggets w/Roll Crispy Chicken Wrap SW Taco Salad with Tortilla Chips	Baked Chicken with Cheesy Mashed Potatoes Taco or Cheese Pizza Ham & Cheese Sub Mandarin Chicken Salad w/Roll	Queso Blanco Mac & Cheese Cheeseburger / Hamburger Turkey & Cheese Sandwich Chicken Caesar Salad w/Roll
15	16	17	18	19
MLK Day No School	Baked Chicken & Waffles Pepperoni or Cheese Pizza Italian Sub Sandwich Crispy Chicken Salad w/Roll	Pizza Dippers with Marinara Sauce Chicken Nuggets w/Roll Crispy Chicken Wrap SW Taco Salad with Tortilla Chips	Toasted Grilled Cheese & Tomato Soup Sausage or Cheese Pizza Chicken Salad Sub Sandwich Mandarin Chicken Salad w/Roll	Alaskan Fish & Chips Cheeseburger / Hamburger Sun Butter & Jelly Sandwich Spinach & Fruit Salad w/Roll
22	23	24	25	26
Teriyaki Chicken over Brown Rice Chicken Burger All American Sandwich Classic Chef Salad w/Roll	Beef & Cheese Nachos Pepperoni or Cheese Pizza Yummy Egg Salad Sandwich Poppin Chicken Salad w/Roll	Homerun Hot Dog Chicken Nuggets w/Roll Turkey, Cheese & Ranch Flatbread Chicken Taco Salad w/Tortilla Chips	Soft Pretzel w/Cheese Sauce Supreme or Cheese Pizza Tuna Sub Sandwich Mandarin Chicken Salad w/Roll	Curriculum & Instruction Day No School
29	30	31		
Whole Grain Corndog Chicken Burger Turkey & Cheese Sandwich Chicken Caesar Salad w/Roll	French Toast Sticks with Sausage Pepperoni or Cheese Pizza Italian Sub Sandwich Crispy Chicken Salad w/Roll	Pizza Dippers with Marinara Sauce Chicken Nuggets w/Roll Crispy Chicken Wrap SW Taco Salad with Tortilla Chips		

Additional Options for our Middle School Students!				
Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Burger with Baked French Fries Cheese / Sausage Pizza	Nacho Bar - Taco Beef, Fajita Chicken, Refried Beans or Nacho Cheese with Toppings Cheese / Pepperoni Pizza	Pizza Dippers with Marinara Sauce Cheese Pizza	Nacho Bar - Taco Beef, Fajita Chicken, Refried Beans with Nacho Cheese and Toppings Cheese / Pepperoni Pizza	Bacon Cheeseburger with Baked French Fries Cheese / Supreme Pizza