



Gresham Barlow School District High School Lunch Menu

Students: \$2.80 - Reduced: \$0.00

January

A variety of Fresh Fruits & Vegetables available in the Garden Bar along with Fat Free and 1% Milk options

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
FAVORITES	Winter Holiday - No School	Pizza Dippers with Marinara Sauce	Grilled Cheese with Tomato Soup	Homemade Beef Lasanga
8	9	10	11	12
Cheese Ravioli with Whole Wheat Roll	Buttermilk Biscuit Chicken Pot Pie	Handrolled Chicken Verde Burrito with Zesty Beans	BBQ Baked Chicken with Cheesy Mashed Potatoes, Corn & Rolls	Queso Blanco Macaroni and Cheese
15	16	17	18	19
Martin Luther King Jr. Day	Chicken Tenders & Waffles	Turkey Gravy Mashed Potato Bowl with Whole Wheat Roll	BBQ Meatball Sub	Spaghetti & Meat Sauce
22	23	24	25	26
Loaded Baked Potato with Chili & Nacho Cheese	Chili Frito Pie	All American Hotdog	Popcorn Chicken Mashed Potato Bowl with Wheat Roll	No School - In Service Day
29	30	31		
Whole Grain Corn Dog	Cheesy Breadsticks with Marinara Sauce	Gravy Beef Dippers over Mashed Potatoes & Wheat Roll		

DELI

Pick you Protein

Ham, Turkey or Cheese (W/F - Tuna)

Grab & Go

- M - Chix Caesar Wrap/Chef Salad
- T - Crispy Chix Wrap/Mandarin Salad
- W - SW Chix Wrap/Chix Caesar Salad
- Th - Buffalo Chix Wrap/Taco Salad
- F - Italian Wrap
- W & F - Very Berry Yogurt Parfaits

PIZZA

Daily Choices

Cheese & Pepperoni

Speciality Choices

- M - Sasuage or Veggie, Tu - Hawaiian or Supreme, W - Meatlovers Calzone,
- Th - Taco or Veggie, F - Spicy Buffalo

SALSA

Nacho & Burrito Bar

M, W, F

Taco Beef or Fajita Chicken

Tu & Th

Taco Beef or Pork Carnitas

Toppings

Lettuce, Tomato, Olives, Onions
Jalapenos, Salsa & Sour Cream

GRILL

Daily Choices

- Cheeseburger / Hamburger
- Chicken Burger / Spicy Chicken
- Chicken Nuggets
- Fri - Bacon Cheeseburger
- M, W, F - French Fries /
- Th & Th - Tater Tots

CHOPSTICKS

- M - Teriyaki Beef & Veggie Rice Bowl
- Tu - Orange Chicken & Veggie Rice Bowl
- W - Sweet & Sour Meatball Yakisoba Bowl
- Th - Dragonfire Chicken & Veggie Rice Bowl
- F - General Tso's Chicken Yakisoba Bowl

CREATIONS

Limited Time Offer

Tu - Patty Melt

Th - Nuclear Meltdown Burrito

This institution is an equal opportunity provider