



Gresham Barlow School District

CAL Lunch Menu

Students: \$2.80 - Reduced: \$0.00

January

A variety of Fresh Fruits & Vegetables available in the Garden Bar along with Fat Free and 1% Milk options

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
	Winter Holiday - No School	Pizza Dippers with Marinara Sauce	Grilled Cheese with Tomato Soup	Homemade Beef Lasagna
8	9	10	11	12
Cheese Ravioli with Whole Wheat Roll	Nacho Bar - Taco Beef, Fajita Chicken, Refried Beans or Nacho Cheese	Hand rolled Chicken Verde Burrito with Zesty Beans	BBQ Baked Chicken with Cheesy Mashed Potatoes, Corn & Rolls	Queso Blanco Macaroni and Cheese
15	16	17	18	19
Martin Luther King Jr. Day	Nacho Bar - Taco Beef, Fajita Chicken, Refried Beans or Nacho Cheese	Turkey Gravy Mashed Potato Bowl with Whole Wheat Roll	BBQ Meatball Sub	Spaghetti & Meat Sauce
22	23	24	25	26
Loaded Baked Potato with Chili & Nacho Cheese	Nacho Bar - Taco Beef, Fajita Chicken, Refried Beans or Nacho Cheese	All American Hotdog with French Fries	Popcorn Chicken Mashed Potato Bowl with Wheat Roll	No School - In Service Day
29	30	31		
Whole Grain Corn Dog with French Fries	Nacho Bar - Taco Beef, Fajita Chicken, Refried Beans or Nacho Cheese	Gravy Beef Dippers over Mashed Potatoes & Wheat Roll		

FAST TAKES

Grab & Go

- M - Chix Caesar Wrap / Chef Salad
- T - Crispy Chix Wrap / Mandarin Salad
- W - SW Chix Wrap / Chix Caesar Salad
- Th - Buffalo Chix Wrap / Taco Salad
- F - Italian Wrap
- W & F - Very Berry Yogurt Parfaits

GRILL

Daily Choices

- Cheeseburger / Hamburger
- Chicken Burger / Spicy Chicken Burger
- M & W - Chicken Nuggets
- M, W, F - French Fries /
- Th & Th - Tater Tots

PIZZA

Daily Choices

- Cheese
- Specialty Choices**
- M - Veggie, Tu - Hawaiian
- W - Pepperoni
- Th - Sausage, F - Pizza Dippers