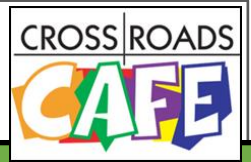


Sam Barlow High School October 2017 - Lunch menu



Monday	Tuesday	Wednesday	Thursday	Friday
2 Bean & Cheese Enchilada with Roasted Mexi Corn	3 Chicken Cordon Bleu Sandwich with Tater Tots	4 Turkey Gravy with Mashed Potatoes and Whole Wheat Roll	5 BBQ Meatball Sub Sandwich with Tater Tots	6 Spaghetti & Meat Sauce with side Caesar Salad
9 Baked Potato Bar with Chili & Cheddar Cheese with Whole Wheat Roll	10 Chili Frito Pie Side Salad	11 All American Hot Dog with French Fries	12 Popcorn Chicken Mashed Potatoes No School	13 Chicken Parmesan Sandwich with Blanched Broccoli No School
16 Corndog on a Stick with French fries	17 Cheesy Pizza Dippers and Marinara with Side Spinach Salad	18 Hamburger Patty with Mashed Potatoes & Gravy with Whole Wheat Roll	19 BBQ Pulled Pork Hoagie with Sriracha Cole Slaw	20 Chicken and Pasta Alfredo with Garden Green Peas
23 Chicken Pad Thai Noodles with Spicy Pineapple Slaw	24 Authentic Shredded Pork Street Tacos with Zesty Rice & Beans	25 Twisted Dog with Side Caesar Salad	26 Grilled Cheese Sandwich with Classic Tomato Soup	27 Homemade Beef Lasagna with side Caesar Salad
30 Baked Cheese Ravioli with side Caesar Salad and Whole Wheat Roll	31 Chicken Pot Pie over Buttermilk Biscuit	1 Hand Rolled Chicken Burrito Verde with Zesty Rice & Beans	2 Baked Chicken with Cheese Mashed Potatoes and Whole Wheat Roll	3 Macaroni & Queso Blanco with Blanched Broccoli

PIZZA	Monday	Tuesday	Wednesday	Thursday	Friday
	Cheese Pepperoni Sausage Veggie	Cheese Pepperoni Hawaiian Supreme	Cheese Pepperoni Ham & Cheese-Stromboli	Cheese Pepperoni Taco Pizza Veggie	Cheese Pepperoni
GRILL	Monday	Tuesday	Wednesday	Thursday	Friday
	Spicy & Reg Chicken Chicken Nuggets Hamburgers Cheese Burgers French Fries	Spicy & Reg Chicken Chicken Nuggets Hamburgers Cheeseburgers Tater Tots	Spicy & Reg Chicken Chicken Nuggets Hamburgers Cheese Burgers French Fries	Spicy & Reg Chicken Chicken Nuggets Hamburgers Cheeseburgers Tater Tots	Spicy & Reg Chicken Chicken Nuggets Hamburgers Cheese Burgers French Fries
DELI	Monday	Tuesday	Wednesday	Thursday	Friday
	Turkey, Ham & Cheese Sub Sandwiches	Turkey, Ham & Cheese Sub Sandwiches	Tuna, Turkey, Ham & Cheese Sub Sandwiches	Turkey, Ham & Cheese Sub Sandwiches	Tuna, Turkey, Ham & Cheese Sub Sandwiches
FAST TAKES	Chicken Caesar Wrap Chef Salad	Spinach Salad American Sub Sandwich	Chicken Caesar Salad SW Chicken Wrap	Buffalo Chicken Wrap Taco Salad	Italian Wrap Garden Salad
SALSA	Monday	Tuesday	Wednesday	Thursday	Friday
	Beef & Chicken Nachos, Tacos or Burrito	Beef & Chicken Nachos, Tacos or Burrito	Beef & Chicken Nachos, Tacos or Burrito	Beef & Chicken Nachos, Tacos or Burrito	Beef & Chicken Nachos, Tacos or Burrito
CHOPSTICKS	Monday	Tuesday	Wednesday	Thursday	Friday
	Teriyaki Beef, Veggie and Rice Bowl	Orange Chicken, Veggie and Rice Bowl	Sweet & Sour Meatballs Noodle Bowl	Dragonfire Chicken, Veggie and Rice Bowl	General Tso's Noodles and Chicken Nuggets