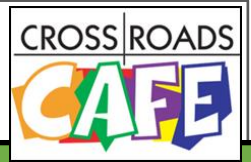


Springwater Trail High School October 2017 - Lunch menu



Monday	Tuesday	Wednesday	Thursday	Friday
2 Bean & Cheese Enchilada with Roasted Mexi Corn	3 Chicken Cordon Bleu Sandwich with Tater Tots	4 Turkey Gravy with Mashed Potatoes and Whole Wheat Roll	5 BBQ Meatball Sub Sandwich with Tater Tots	6 Spaghetti & Meat Sauce with side Caesar Salad
9 Baked Potato Bar with Chili & Cheddar Cheese with Whole Wheat Roll	10 Chili Frito Pie Side Salad	11 All American Hot Dog & French Fries	12 Popcorn Chicken Mashed Potatoes & Gravy with Whole Wheat Roll	13 Chicken Parmesan Sandwich with Blanched Broccoli
16 Corndog on a Stick With French Fries	17 Cheesy Pizza Dippers and Marinara with Side Spinach Salad	18 Hamburger Patty with Mashed Potatoes & Gravy with Whole Wheat Roll	19 BBQ Pulled Pork Hoagie with Sriracha Cole Slaw	20 Chicken and Pasta Alfredo with Garden Green Peas
23 Chicken Nuggets with Cheesy Mashed Potatoes	24 Authentic Shredded Pork Street Tacos with Zesty Rice & Beans	25 Twisted Dog with Side Caesar Salad	26 Grilled Cheese Sandwich with Classic Tomato Soup	27 Bean & Cheese Enchilada with Roasted Mexi Corn
30 Baked Cheese Ravioli with side Caesar Salad and Whole Wheat Roll	31 Chicken Pot Pie over Buttermilk Biscuit	1 Hand Rolled Chicken Burrito Verde with Zesty Rice & Beans	2 Baked Chicken with Cheese Mashed Potatoes and Whole Wheat Roll	3 Macaroni & Queso Blanco with Blanched Broccoli



Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Veggie	Cheese Hawaiian	Cheese Pepperoni	Cheese Pepperoni	Cheese Pepperoni



Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Burger Chicken Nuggets French Fries		Spicy Chicken Burger Chicken Nuggets French Fries	Spicy Chicken Burger Cheese Burger Chicken Nuggets Tater Tots	Chicken Burger Chicken Nuggets French Fries



Monday	Tuesday	Wednesday	Thursday	Friday
Chef Salad Turkey & Cheese Sub	Spinach Salad American Sub Sandwich	Chicken Caesar Salad Ham & Cheese Sub	Taco Salad Turkey & Cheese Sub	Garden Salad Tuna Sub



Monday	Tuesday	Wednesday	Thursday	Friday
	Beef & Chicken Nachos, Tacos or Burrito			