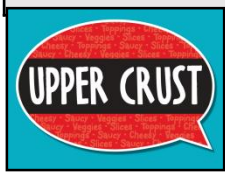




West Orient Middle School September 2017 Lunch menu



Monday	Tuesday	Wednesday	Thursday	Friday
4 No School 	5 Beef and Cheese Nachos	6 Tater Tot Baked Casserole Caesar Salad	7 Popcorn chicken and Mashed Potatoes & Gravy With Wheat Roll	8 Chicken Parmesan over Spaghetti with Steamed Broccoli
11 Bean & Cheese Enchiladas With Mexi-Corn	12 Beef and Cheese Nachos	13 Hamburger Patty with Mashed Potatoes & Gravy and Roll	14 Fish Nugget Po Boy Sub Sandwich with Sriracha Cole Slaw	15 Chicken Rotini Alfredo with Garden Green Peas
18 Chicken Nuggets with Cheesy Mashed Potatoes	19 Beef and Cheese Nachos	20 Cheesy Twisted Dogs With side Caesar Salad	21 Grilled Cheese Sandwich with Tomato Soup	22 Homemade Beef Lasagna with Side Caesar Salad
25 Baked Cheese Ravioli with Garlic Bread Stick & Caesar Salad	26 Beef and Cheese Nachos	27 Hand Rolled Burrito Verde with Cilantro Rice & Zesty Beans	28 Baked Chicken with Cheesy Mashed Potatoes	29 



Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Pepperoni Sausage	Cheese Pepperoni Hawaiian	Cheese Pepperoni Supreme	Cheese Pepperoni Buffalo Chicken	Cheese Pepperoni Garlic Chicken Calzone



Monday	Tuesday	Wednesday	Thursday	Friday
Spicy & Reg Chicken Burgers	Hamburgers Cheeseburgers	Spicy & Reg Chicken Burgers	Hamburgers Cheeseburgers	Spicy & Reg Chicken Burgers
Tater Tots	French Fries	Tater Tots	French Fries	Tater Tots



Monday	Tuesday	Wednesday	Thursday	Friday
Turkey & Cheese Sub Sandwich	Ham and Cheese Sub Sandwich	Tuna and Cheese Sub Sandwich	Turkey & Cheese Sub Sandwich	Tuna and Cheese Sub Sandwich
Chef Salad	Spinach Salad	Chicken Caesar Salad	Taco Salad	Garden Salad